

How to Use Your Ellipta®

- 1) Check the dose counter before each use.
- 2) Slide the cover down. This loads one dose of medicine for you to breathe in. You should hear a “click”. The dose counter will count down by one.
- 3) Stand or sit up straight. Breathe out all the way. DO NOT breathe into the inhaler.
- 4) Seal your lips tightly around the mouthpiece.
- 5) Breathe in FAST and DEEP (1-2 seconds) through your mouth. DO NOT block the air vents with your fingers.
- 6) When your lungs are full, take the inhaler out of your mouth.
- 7) Hold your breath for 3-4 seconds or as long as you can.
- 8) Breathe out normally.
- 9) Slide the cover back over the mouthpiece.

After using steroid inhalers like the Arnuity® or Breo® Ellipta®:

- Rinse your mouth
- Gargle
- Spit the water out
- DO NOT SWALLOW THE WATER



*The Ellipta® is a dry powder inhaler.
When you breathe in a dose,
you may or may not feel or taste
the medicine.*

Note:

If you open and close the cover without inhaling a dose of medicine, you will lose the dose.

The lost dose will be held inside the inhaler but will not be available for you to breathe in.

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Ellipta® Tips

Do I need to prime the Ellipta®?

- This inhaler does not need to be primed.

How do I care for my Ellipta®?

- Keep this inhaler in the foil tray and only open when you are ready to use it.
- Write the date you opened the foil tray on the inhaler label.
- Write the “Discard” date on the inhaler label. This is 6 weeks after the tray is opened.
- Keep this inhaler in a dry place.
- Keep this inhaler at room temperature.
- If the mouthpiece needs to be cleaned, wipe off with a dry cloth.

How do I know when I need a refill?

- The dose counter shows the number of doses left in the inhaler.
- When this inhaler is brand new, it has 30 doses.
- The dose counter counts down by 1.
- When there are fewer than 10 doses left, the dose counter turns red. Contact the pharmacy to get a refill.
- When the dose counter reaches “0” the inhaler is empty. Throw it away.

**Talk to your health care provider
if you have questions
about your Ellipta®.**

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