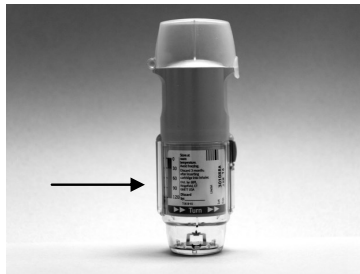


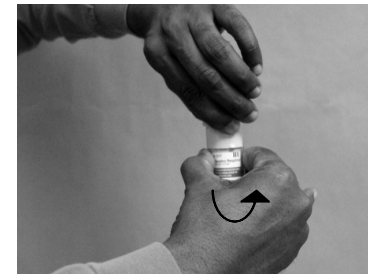
How to Use Your Respimat®



1) Check the dose counter before each use.



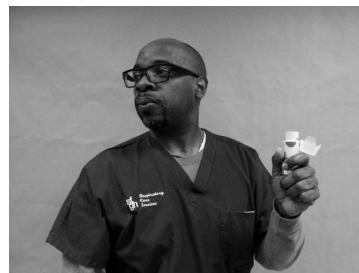
2) Hold the inhaler upright.
Keep the cap closed.



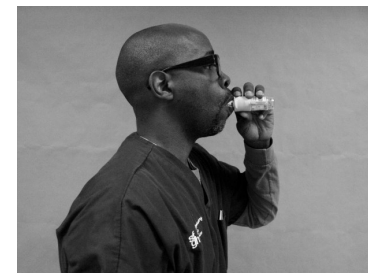
3) Turn the clear base in the direction of the white arrows on the label until it clicks (half a turn).



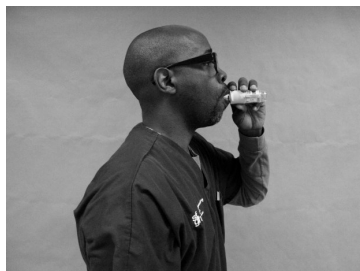
4) Flip the cap open.



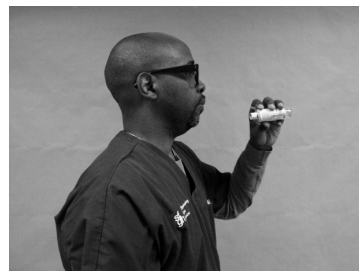
5) Stand or sit up straight.
Breathe out all the way.



6) Seal your lips tightly around the mouthpiece.
Do not cover the air vents.



7) As you start breathing in slowly, press down on the dose release button. Keep breathing in SLOWLY and DEEPLY (3-5 seconds).



8) When your lungs are full take the inhaler out of your mouth. Hold your breath for 10 seconds or as long as you can.



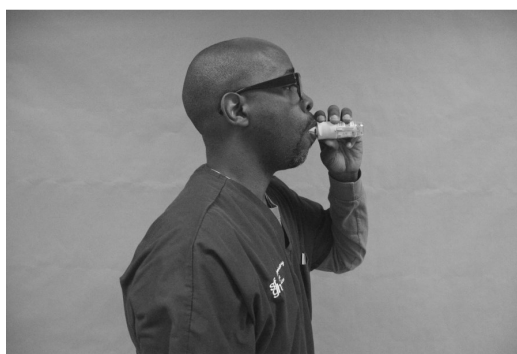
9) Breathe out normally. Close the cap over the mouthpiece after each use.

Respimat® Tips

How do I prepare my Respimat® for first time use?

This inhaler needs to be prepared before you use it the first time. Ask your pharmacist for help.

- 1) With the cap closed, press the safety catch while pulling off the clear base. Do not touch the piercing element at the bottom of the clear base.
- 2) Write the **discard by** date on the inhaler label. The **discard by** date is 3 months from the date the cartridge is inserted.
- 3) Take the medicine cartridge out of the box.
- 4) Push the narrow end of the cartridge into the inhaler. The base of the cartridge will stick out 1/8 of an inch when the cartridge is correctly inserted. The cartridge can be pushed against a firm surface to ensure it is correctly inserted. Do not remove the cartridge once it has been inserted into the inhaler.
- 5) Put the clear base back into place. Do not remove the clear base again. After you have inserted the cartridge, your inhaler should not be taken apart.



Talk to your pharmacist or health care provider if you have questions about how to prepare your Respimat® for first time use.

Updated: 4/14/2016

Respimat® Tips

What is priming?

- Priming gets your inhaler ready to release full doses of medicine.

When do I prime the Respimat®?

- Prime this inhaler before you use it for the first time or if it has not been used for a period of time.

How do I prime the Respimat®?

If this inhaler is brand new or has not been used in more than 21 days, prime this inhaler by following these steps:

- 1) Hold the inhaler straight up with the cap closed. This keeps the inhaler from releasing a full dose of medicine.
- 2) Turn the clear base in the direction of the white arrows on the label until it clicks (half a turn).
- 3) Flip the cap until it opens.
- 4) Point the mouthpiece away from you. Press down on the dose release button. Close the cap.
- 5) Repeat Steps 1-4 until a spray is visible.
- 6) Once the spray is visible, repeat Steps 1-4 three more times to make sure the inhaler is prepared for use.

If your Respimat® has not been used for more than 3 days, follow Steps 1-5 to release one dose of medicine.



How do I care for my Respimat®?

- Keep this inhaler clean and dry.
- If the mouthpiece needs to be cleaned, wipe off with a dry cloth.
- Keep this inhaler at room temperature.

How do I know when I need a refill?

- The dose counter shows the number of doses left in the inhaler.
- When this inhaler is brand new, it has 120 doses.
- When the pointer enters the red area of the scale, there are about 30 doses left. Contact the pharmacy to get a refill.
- When the dose counter reaches the end of the scale, the inhaler is empty and will lock. Throw it away.



**Talk to your health care provider
if you have questions
about your Respimat®.**

Updated: 4/14/2016



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